

## Getting Ready for Your Big Day – The Competition

Getting ready to compete, make sure you and your horse are ready.

While you have been preparing you and your horse physically for months to ensure readiness for the competition, you will also want to make sure you are aware of all the requirements and restrictions when it comes to attire and tack for you and your horse.

It is always a good idea to check the USEA/USEF website to stay up-to-date on all the current rules and regulations.

<https://useventing.com/events-competitions/resources/rules>

Another great resource is the FEI TackApp

<https://tack.fei.org/>

Here is a quick list of some items needed for show day. See below for more details items.

- All tack - saddle(s), bridles, bits, jumping boots, saddle pads, ear bonnet, studs, stud tools, Cross-Country Watch
- Rider attire - show shirt, breeches, boots, spurs, crop/whip, helmets, stock tie, show jacket, protective vest, air vest
- Water bucket, extra water, hay string, hay, hay bag, water for you, food and snacks for you

Below is some basic information on attire to help you and your horse look the very best on show day.

## For the Rider:

### Dressage:

- A helmet (predominantly black or dark blue) that meets or surpasses ASTM/SEI standards for equestrian use
- Long hair should be kept tidy with a hairnet.
- Preliminary and above competitors must wear a dark colored coat (dark blue or black). Beginner Novice through Modified competitors may wear a dark colored coat (not required), or they may wear a conservatively colored long or short sleeved collared shirt with no neckwear.
- White or conservative colored shirt
- Stock tie with pin, or choker, or tie
- Light colored (beige or white) riding breeches
- Black or brown tall riding boots (Juniors may wear jodhpur boots and garter straps)
- Gloves (black, tan, beige or white)
- Spurs and or a dressage whip if necessary (see exceptions within competitions)



## Cross-Country:

- Light-weight clothing is appropriate for this phase
- A helmet of any color that meets or surpasses ASTM/SEI standards for equestrian use
- Safety Vest and/or Air Vest (recommended to pass or surpass current ASTM standard)
- Breeches of any color
- A shirt of any color, but must have sleeves
- Medical armband or bracelet
- Gloves (not required) in any color
- Black or brown tall boots
- Spurs and a crop, if necessary
- Stopwatch (not required)
- Pinny Number/Pinny holder



## Show Jumping:

- A helmet (predominantly black or dark blue) that meets or surpasses ASTM/SEI standards for equestrian use
- Long hair should be kept tidy with a hairnet
- Preliminary and above competitors must wear a dark colored coat (dark blue or black).
- Beginner Novice through Modified competitors may wear a dark colored coat (not required), or they may wear a conservatively colored long or short sleeved collared shirt with no neckwear.
- White or conservative colored shirt
- Stock tie with pin, or choker, or tie
- Light colored (beige or white) riding breeches
- Black or brown tall riding boots
- Medical armband or bracelet
- Spurs and a whip, if necessary



## **For Your Horse:**

### **Dressage**

- **English saddle**
- **Conservative colored saddle (white, cream, navy, black)**
- **Girth**
- **Bridle with snaffle bit**
- **Cavesson, dropped, crossed or flash nosebands permitted**
- **Breastplate (if needed, not required)**
- **Fly bonnets (may provide noise reduction) are allowed, but are subject to inspection following your test (ear plugs are not allowed)**
- **Not allowed: martingales, bit guards, any kind of gadgets (bearing, side, running or balancing reins), reins with any loops or attachments, any kind of boots or leg bandages and any form of blinkers.**





## Cross-Country

- English saddle
- Saddle pad of any color or pattern
- Girth
- Bridle (cavesson, dropped, crossed, or flash nosebands permitted)
- Any kind of bit
- Breastplate (if needed, not required)
- Unrestricted running martingale with rein stops or Irish Martingale (if needed, not required)
- Protective boots (encouraged, but not required)
- Studs (if needed, not required)



## Show Jumping

- English saddle
- Conservative colored saddle pad (white, cream, navy, black)
- Girth
- Bridle (cavesson, dropped, crossed, or flash noseband permitted)
- Any kind of bit
- Breastplate (if needed, not required)
- Unrestricted running martingale with rein stops or Irish martingale (if needed, not required)
- Protective boots (encouraged, not required)

